

Radiogram No 3186u

Form 24 for 04.04.02

**Test of ? ? ? ? Unit • Progress-257 Unloading And Inventory Check**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–06:50	FE-2	Calf volume measurement
06:40–06:50	CDR	MO-8: hardware setup
06:50–07:05	FE-2	Body mass measurement
06:55–07:05	FE-1	Calf volume measurement.
07:05–07:20	FE-1	Body mass measurement
07:10–07:20	CDR	Calf volume measurement
07:15–07:30	FE-2	UF1 payload status check
07:20–07:35	CDR	Body mass measurement
07:25–07:35	FE-1	EMU battery charge from PSA outlet (end)
07:30–08:30	FE-2	BREAKFAST
07:35–07:45	CDR	MO-8: concluding ops
07:35–07:45	FE-1	EMU BSA battery charge (end)
07:45–08:30	CDR, FE-1	BREAKFAST
08:30–08:55		Prep for work
08:55–09:10		Morning DPC ( <i>S-band</i> )
09:10–10:10	CDR	Progress M1-8 (No. 257) unloading and inventory check
09:10–11:40	FE-1	Progress M1-8 (No. 257) unloading and inventory check
10:10–11:40	CDR	Electrical battery 8 R&R
09:15–09:55	FE-2	Maintenance of ? ? ?
09:55–10:55	FE-2	Physical exercise (TVIS)
10:55–12:25	FE-2	Physical exercise (RED)
12:05–12:25	CDR	VOZDUKH: test of redundant Emergency Vacuum Valve (???)
12:25–13:25		LUNCH
13:25–14:35		8A timeline overview
14:35–14:50		PAO TV: CBS media event
14:50–15:10		8A timeline overview
15:10–16:40	FE-1	Physical exercise (RED)
15:10–15:20	FE-2	PCG-STES prep for HISD video 1
15:10–16:40	CDR	Physical exercise (active rest)
15:20–15:50	FE-2	PCG-STES010 deactivation
16:00–16:10	FE-2	ARIS Rack2: guide installation
16:10–16:25	FE-2	EXPRESS Rack2: Laptop powerdown
16:25–16:35	FE-2	ARIS Rack2: GN2 plate removal
16:35–16:50	FE-2	Food frequency questionnaire
16:40–17:40	FE-1	Physical exercise (TVIS)
16:40–16:45	CDR	Weekly maintenance of TVIS
16:45–17:45	CDR	Physical exercise (active rest)

17:10–17:50	FE-2	IMS file prep
17:40–17:45	FE-1	Weekly maintenance of TVIS
17:50–18:20		8? timeline tagup
18:20–18:50		Daily plan review
18:50–19:20		Prep for work
19:20–19:25	FE-1	VOA deactivation
19:30–19:45		Daily planning conference ( <i>S-band</i> )
19:45–20:10		DINNER
20:10–20:35		Daily food prep
20:35–21:30		Pre-sleep
21:30–06:00		SLEEP

**NOTE:** See OSTP for references to US activities

End of radiogram